



KOSMIC at home

If you are in KOSMIC, ask a grown up to help you with some of these activities, reflections, songs and challenges so you can keep learning about God throughout the week.

2

Learn from the Bible

We're going to think more about a man called Titus. Watch the video and see if you can think of how these pictures might link to Titus.

<https://www.pursuegodkids.org/meet-titus-cool-greek-guy/>



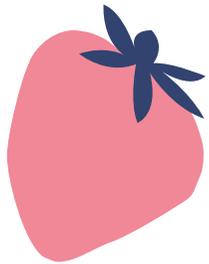
The book of Titus is a letter from Paul to Titus telling him how to lead the church in Crete. How might you feel if you had to help people in their relationship with Jesus? Who could help you? What helps you when you're feeling unsure how to do something? Tell a grown up what you think.

The Bible Bit

1

Imagine a pile of sweets in front of you - how easy would it be not to eat them?

When do you find it difficult to do what you know is right?



3

One of the fruit of the Spirit is self-control. What might self-control be?

In the book of Titus, Paul tells Titus to make sure the people in the church have self-control. What might he mean? Watch the video to find out more about self-control.

<https://www.youtube.com/watch?v=KoLqyBDT-ik>

Think and pray about how you could show self-control this week. How could you help others show self-control? Tell a grown up.

4

Respond

Take some time to think about what it means that we should control ourselves.. How might you need his help to grow the fruit of self-control? You could tell a grown up what you prayed about.

Who I Am

<https://www.youtube.com/watch?v=mldP6dGpAVY>

Give Me Self-Control

<https://www.youtube.com/watch?v=JUFdp73-un8>

5

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."
Galatians 5:22-23

Can you learn the memory verse?



All age Challenge

We are thinking about: Self-Control

Bible links: Galatians 5:22-23 and Titus 2

Find us: See our website for links to our all-age talk and service:

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