



Stapleford Baptist Church at home

Whatever your age, have a go at some of the activities, reflections, songs and challenges to help you to keep learning about God throughout the week.

Reflect on the idea of self-control

Think about blowing bubbles - or even blow some - our natural instinct is to pop them. How hard is it to be self-controlled? Have a go - and then pop some!



Think of a spinner - or even make one. It's good to talk to someone when we're wound up (like our spinner). God is great at helping us when we're upset or angry. When we're spinning out of control, a gentle touch from his Spirit can calm us down and stop us.

Respond through song

I Belong to Jesus

https://www.youtube.com/watch?v=7zHu2q_1RhQ

Who I Am

<https://www.youtube.com/watch?v=mldP6dGpAVY>

Cornerstone

https://www.youtube.com/watch?v=F115U2ifYzo&list=RDF115U2ifYzo&start_radio=1

Give Me Self-Control

<https://www.youtube.com/watch?v=JufDp73-un8>

During the service you could get a tasty snack to eat after the talk. Can you be self-controlled and not eat the snack too soon?

What words can you make from the letters: SELF CONTROL?

You might want to do some colouring or a puzzle.

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."
Galatians 5:22-23



Can you learn the memory verse?

All age Challenge

We are thinking about: Self-Control

Bible links: Galatians 5:22-23 and Titus 2

Find us: See our website for links to our all-age talk and service:

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During the service you could write a recipe using all the fruit of the Spirit to suggest how we need them to be the people God is helping us to become.

You might want to do some colouring or make notes on the sermon.



KOSMIC and Transition

